



Douglas R. Fabiani, DMD | Lance A. Karp, DMD



EVENT INFORMATION

Date: Saturday, October 7, 2023
Start Time: 5K at 7:30 a.m.
1 Mile Fun Run: at 8:15 a.m.
Family Fun: 8:00-10:00 a.m.
Awards Presentation: 8:45 a.m.
Where: Phillippi Shores IB World School

REGISTRATION

Register online at:

<https://runsignup.com/Race/FL/Sarasota/PhillippiShores>

Or mail form with a check payable to:

Phillippi Shores Elementary School
 4747 S. Tamiami Trl. Sarasota, FL 34231

PACKET PICK-UP/LATE REGISTRATION

Phillippi Shores Elementary
 October 5th & 6th from 4-6 p.m.
 Day of Event: 6:45 a.m.- 7:00 a.m.

ENTRY FEES

EARLY ENTRY – By September 12, 2022
 18 & Under: \$20.00 Adults: \$30.00
LATE ENTRY – Starts on September 13, 2022
 18 & Under: \$25.00 Adults: \$35.00
FAMILY DISCOUNT:
 2 adults and UP TO 4 children: \$80.00

RACE AWARDS (5K)

Overall Male & Female

Youth Adult Masters Grand Masters
 Senior Grand Masters Veterans
5K Age Groups: 19 age groups by age – (6 deep)
1 Mile Fun Run: Ribbons for all finishers
 Trophy for largest team
Newly designed route with NO off-road sections!

FOOD & BEVERAGES FOR ALL PARTICIPANTS

TECH SHIRT (First 500 registrants)

| | | | | | | | | | | |
|-------------------------------|---------------|-------------|------------------|------------------------------|---|---|-----------|----|-----|--|
| Runner Name #1 | | | | | | | | | | |
| Street | | | | | | | | | | |
| City: | State: | | | | | | Zip: | | | |
| Date of Birth: | Gender: | | | | | | Run Club: | | | |
| Email Address: | | | | | | | | | | |
| Race (Circle One) | 5K / 1 Mile | Tech Shirt: | Adult or Youth | Size: | S | M | L | XL | XXL | |
| Emergency Contact: | | | Emergency Phone: | | | | | | | |
| Additional Runner Name | Gender | Race | Age | Shirt- Adult or Youth | | | | | | |
| Runner #2 Name: | Gender: M/F | 5K / 1M | Age: | A/Y | S | M | L | XL | | |
| Runner #3 Name: | Gender: M/F | 5K / 1M | Age: | A/Y | S | M | L | XL | | |
| Runner #4 Name: | Gender: M/F | 5K / 1M | Age: | A/Y | S | M | L | XL | | |
| Runner #5 Name: | Gender: M/F | 5K / 1M | Age: | A/Y | S | M | L | XL | | |
| Runner #6 Name: | Gender: M/F | 5K / 1M | Age: | A/Y | S | M | L | XL | | |

I know that running a road or trail race is a potentially hazardous activity. I should not enter unless I am medically able and properly trained. I agree to abide by any decisions of a race official relative to my ability to safely complete the walk/run. I assume all risks associated with running in this event including, but not limited to, falls, contact with other participants, the effects of weather, including high heat and/or humidity, traffic and conditions of the road. All such risks being known to me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Manasota Track Club, Inc., its officers, directors and agents, all sponsors, their representatives and successors, including the Road Runners Club of America, its officers, directors, agents and employees and The Sarasota County School Board, its officers, directors, agents and employees, Phillippi Shores Elementary School, Sarasota, FL, its officers, directors, agents and employees from all claims and liabilities of any kind arising from my participation in this event although liability may arise out of negligence or carelessness on the part of the person named on this waiver. Rain or Shine

Signature: _____ Date: _____ Amt. Enclosed \$ _____

5K RUN



& 1 MILE FUN RUN

OCT. 7, 2023 @ 7:30 A.M.

1-mile @ 8:15 a.m.

PHILLIPPI SHORES ELEMENTARY

4747 S. Tamiami Trl Sarasota, FL 34231

1st 500 registrations get a race shirt

**Register ONLINE
by 9/13/23**

